

## St Albert Cultivates the Arts Block Party Crafts - 2022

St Albert Cultivates the Arts Society is happy to partner to with the City of St Albert Block Party program once again. For 2022, we are promoting two crafts that promote a collective healing experience. After two years of isolation and losses, we hope these crafts will share good thought, inspiration and healing.

The **first craft** is painting rocks with inspirational messages or fun images. We will provide paint and brushes and you provide rocks and your artistic vision. Once completed, these rocks can be placed in your own yard or in your or neighbours - sharing your artwork and inspiration with your neighbours.



The **second craft** is painted cans for planting flowers or vegetables. We will provide paint, brushes and seed packages. You will need to provide the cans and dirt. The seed packages will either be flowers or seeds representing "Braiding Sweetgrass" the interdependence of corn, beans and squash.



To learn more about the St. Albert Cultivates the Arts Committee and Culture Days 2022 visit <https://www.stalbertculture.ca/>